

## Neck Pain Without Arm Symptoms- Is My Herniated Cervical Disc Causing That

So you may have an MRI scan that shows that you have a cervical herniated disc and all you have is neck pain. You do not have any arm symptoms at all. That can happen and you have to be aware that your neck pain may be not even related to the cervical herniated disc at all. Just because you have a cervical herniated disc, it does not mean that is causing the neck pain. So before you rush into having surgery for that, you have to give that time to get better with all the nonsurgical treatments available. It is very typical for cervical herniated disc to have symptoms into the arm. It is not typical to have just neck pain. So frequently for us, we will not operate on anyone with just neck pain and I will be very cautious going into surgery if you have a diagnosis of cervical herniated disc and your only symptom is neck pain.

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