

What is ACDF

One option for treatment is called anterior cervical discectomy and fusion. We call it ACDF, and I would say that is the most common operation nationwide, probably worldwide, for treating herniated disc surgery. It is very popular because it works. It is time tested. The results are outstanding, and it is very safe. In order to do this procedure, we need to make an incision in the front of the neck and then we go right down to the spine, which is only 1½ inches down and we remove the disc that is called the anterior discectomy and then we fuse the bones together and that is the part what we call discectomy and fusion, ACDF. This provides stability to the spine, also decompressing the spinal cord. It is an excellent procedure, which is safe, and with good results.

SLN/gisl/rad/nat/051014/SLN20068-1

New York City, NY Office

315 W. 57th St. Suite 304
New York, NY 10019
Tel: (914) 948-5067
Fax: (914) 948-5602

***Manhattan Practice Limited to Cervical Herniated Disc Surgery.*

White Plains, NY Office

244 Westchester Avenue, Suite 310
White Plains, NY 10604
Tel: (914) 948-5067
Fax: (914) 948-5602